

August 2025



Sign up for classes by scanning the QR code

Monday		Tuesday		Wednesday		Thursday		Friday	
								1	<div>Swiss Eiertatsch</div> <div>Virtual 11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div>Swiss National Day</div>
4	<div>Seared Beefsteak Tomato with Taramind Sauce</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>Superfood Spotlight</div>	5	<div>Oklaahaoma Onion Smash Burger</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div></div>	6	<div>Broiled Shrimp & Watermelom Tomato Gazpacho</div> <div>11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div>Wellness Wednesday Collab</div>	7	<div>Vietnamese Garlic Crab Noodles</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div></div>	8	<div>Sorbet from Scratch</div> <div>Virtual 11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div></div>
11	<div>Jalapeno Lime Chicken & Salsa Verde</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>Sauce Series</div>	12	<div>Pork Chops with Charred Poblano Sauce</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>Sauce Series</div>	13	<div>Korean Short Ribs & Quick Kimchi' Veggies</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div></div>	14	<div>Indian Eggplant & Tomato Curry</div> <div>11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div>South Asian Heritage Month</div>	15	<div>Savory Tomato Crostata</div> <div>Virtual 11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div>Superfood Spotlight</div>
18	<div>Creole Shrimp with Summer Corn Sauce</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div></div>	19	<div>Pork Meaballs with Ginger, Peaches, and Basil</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>National Peach Month</div>	20	<div>Heirloom Tomato & Peach Panzanella, Whipped Chevre</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>Wellness Wednesday Collab</div> <div>National Chevre Month</div>	21	<div>Jamaican Fish Escovitch</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div></div>	22	<div>Summer Dessert: No Bake Icebox Pie</div> <div>Virtual 11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div></div>
25	<div>Spiced Chicken Sandwich with Tomatillo Corn Slaw</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>National Sandwich Month</div>	26	<div>Tropical Coconut Mango & Rum Pan Fried Cakes</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>National Coconut Week</div>	27	<div>Beer Battered Fish Tacos with Peach Slaw</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>National Peach Month</div>	28	<div>Cherry Tomato Roasted Salmon with Caprese Pasta Salad</div> <div>11:00am - 11:30am</div> <div>12:30pm - 1:00pm</div> <div>Superfood Spotlight</div>	29	<div>Nigerian Puff Puff</div> <div>Virtual 11:00am - 11:30am</div> <div>Virtual 12:30pm - 1:00pm</div> <div>International Day for People of African Descent</div>